Textbook Of Obesity Biological Psychological And Cultural Influences


Oxford Textbook of Attention Deficit Hyperactivity Disorder Extensively updated this second edition again brings together a multinational group of distinguished contributors to address every aspect of psychiatric care in the medically ill. This book captures the diversity of the field, whose practitioners -- scholars, physicians, and clinicians of varied backgrounds -- represent a multiplicity of perspectives.

Psychology of Eating Attention deficit hyperactivity disorder (ADHD) is one of the most common mental disorders affecting children and adolescents. The condition is characterized by a persistent pattern of behavioral, cognitive, and neurodevelopmental symptoms including inattention, hyperactivity, and impulsiveness associated with substantial impairment in social, academic, and/or occupational functioning. Clinical and research interest in the topic of ADHD has grown substantially in recent years but, despite this, there is still a lack of up-to-date reference texts devoted to the diagnosis, assessment, and management of patients with these conditions. Part of the Oxford Textbook series, this Oxford Textbook of Attention Deficit Hyperactivity Disorder attempts to bridge this gap by providing an authoritative, multi-disciplinary guide to the diagnosis, assessment, and management of patients with ADHD. Organized into eight key sections, this textbook covers the aetiology, pathophysiology, epidemiology, clinical presentation, co-morbidity, clinical assessment, and clinical management of ADHD. Individual chapters address key topics such as the clinical assessment of ADHD in adults, and contain information on best practice, current diagnostic guidelines including DSM-5 and ICD-11, and key up-to-date references for further reading. Edited and written by an international group of recognized experts, the Oxford Textbook of Attention Deficit Hyperactivity Disorder is an essential resource for practicing clinicians, including general pediatricians, psychiatrists, psychologists, and other mental health care professionals.

The Longman Textbook Reader with Answers The prevalence of obesity has now reached such proportions in many parts of the world that it is one of the most dominant health problems. Obesity leads to a number of serious diseases such as type 2 diabetes, cardiovascular disease, hypertension, stroke and cancer as well as psychological problems and a poor quality of life. Obesity research is now very active and understanding of the disease has greatly increased. The International Textbook of Obesity offers a definitive coverage of the area looking at epidemiology, causes, current research and management. * Gives an up-to-date and authoritative account of the major disorders of childhood and adolescence * Written by an international group of leading authors including many from young researchers giving new perspectives on the issues This will be a lasting reference for a wide range of academic and professional health care workers, including obesity research specialists, dietitians, nutritionists, practising physicians and endocrinologists.

Handbook of Obesity Treatment, Second Edition The Longman Textbook Reader enables instructors to supplement their main textbook with sample chapters drawn from college textbooks. Six full textbook chapters drawn varies disciplines offer students more practice with actual college material and prepare them for readings they will encounter in later semesters. Each chapter includes additional comprehension quizzes, critical thinking questions, and group activities to help students develop schema and to reinforce their learning.

API Textbook of Medicine This text has made a major contribution to the teaching and study of medicine and this still rapidly expanding discipline. This substantial revision continues to provide the most accessible and comprehensive guide to the field. Many new features have been incorporated into this edition to aid students and teachers even further, including: Additional chapters on stress Psychoneuroimmunology (PNI) expanded and improved Increased biological coverage New section on eating behavior New coverage of problems with social cognition models New section on consequences of CHD and rehabilitation of patients Completely new text design Online Learning Center for students and lecturers This is essential reading for all students and researchers of health psychology and for students of medicine, nursing, and allied health courses.

The American Psychiatric Publishing Textbook of Psychosomatic Medicine Human beings have always been affected by their surroundings. There are various health benefits linked to being able to access to nature; including increased physical activity, stress recovery, and the stimulation of child cognitive development. The Oxford Textbook of Nature and Public Health provides a broad and inclusive picture of the relationship between our own health and the natural environment. All aspects of this unique relationship are covered, ranging from disease prevention through physical activity in green spaces to innovative ecosystem services, such as climate change adaptation by urban trees. Potential hazardous consequences are also discussed including natural disasters, vector-borne pathogens, and allergies. This book analyses the complexity of our human interaction with nature and includes sections for example epigenetics, stress physiology, and impact assessments. These topics are all interconnected and fundamentally required for a full understanding of the role of nature in public health. Much of the recent literature on environmental health has primarily described potential threats from our natural surroundings. The Oxford Textbook of Nature and Public Health instead focuses on how nature can positively impact our health and wellbeing, and how much we risk losing it by destroying it. The all-inclusive approach provides a comprehensive and complete coverage of the role of nature in public health, making this textbook invaluable reading for health professionals, students, and researchers within public health, environmental health, and complementary medicine.

Eating Disorders and Obesity The second Canadian edition of Health Psychology: Psychosocial Interactions integrates multidisciplinary research and theory to help students understand the complex connections between psychology and health. This comprehensive yet accessible textbook covers the biopsychosocial factors that impact human health and wellness, placing particular emphasis on the distinctive characteristics of the Canadian health care system, the issues and challenges unique to Canadian culture, and the most recent Canadian research in the field of health psychology. Clear, student-friendly chapters examine topics such as coping with stress and illness, lifestyles for enhancing health and preventing illness, managing pain and discomfort, getting medical treatment, and living with chronic illness. Each chapter is richly illustrated and丰满ly written. The second edition features the latest available data and research from across Canada and around the world. New and expanded chapters explore psychosocial factors in aging and dying, legalized marijuana use in Canada, the link between inflammation and depression, Canadian psychosocial models of pain, recent Medical Assistance in Dying (MAID) legislation, weight control, eating disorders, and exercise, and much more. Throughout the text, updated illustrated examples, cross-cultural references, and real-world cases reinforce key points and strengthen student comprehension, retention, and interest.

Dictionary of Biological Psychology Childhood obesity has tripled in the United States since the 1970s, leaving many of America’s children vulnerable to long-term physical and mental health issues. In an attempt to understand what is responsible for these startling statistics, a number of health professionals, school administrators, government officials, and cultural experts have examined the possible culprits. This informative edition explores a number of those perspectives, urging parents to use essays and articles as the basis for further inquiry and individual assessment. This book examines the role of government, the responsibilities of parents, the health care costs of childhood obesity, fast food and food marketing, as well as physical activity as it relates to childhood obesity.

Handbook of Obesity Treatment, Second Edition The leading clinical reference work in the field—now significantly revised with 85% new material—this handbook has given thousands of practitioners and students a comprehensive understanding of the causes, consequences, and management of adult and childhood obesity. In concise, extensively referenced chapters from preeminent authors, the Handbook presents foundational knowledge and reviews the state of the science of evidence-based psychosocial and lifestyle interventions as well as pharmacological and surgical treatments. It provides guidelines for conducting psychosocial assessments and for developing individualized treatment plans. The effects of obesity—and of weight loss—on physical and psychological well-being are reviewed, as are strategies for helping patients maintain their weight loss. New to This Edition * Many new authors and topics; extensively revised and expanded with over 15 years of research and clinical advances, including breakthroughs in the biological regulation of energy balance and body weight. * New chapters on obesity in adults—acceptance and committee therapy, motivational interviewing, digitally based interventions, behavioral economics, community-based programs, and nonsurgical devices. * Chapters on novel treatments for adults—school-based preventive interventions, pharmacological treatment, and bariatric surgery. * Chapters on the gut microbiome, the emerging field of obesity medicine, reimbursement for weight loss therapies, and medical co-occurring eating disorders and obesity.

Oxford Textbook of Obstetrics and Gynecology More than 75 international contributors come together in this practical reference text offer concise but thorough coverage of the major disorders of childbirth and adolescence. Included are complete sections on assessment and diagnosis and treatment. Major disorders of childbirth and adolescence, is richly illustrated with case examples, and includes coverage of such special topics as child sexual abuse, suicide, substance abuse, and AIDS.
psychology students but also for those in allied professions such as physiotherapists, nurses, dieticians, physicians and medical students." Ad A. Kaptein, Professor of Medical Psychology, Leiden University Medical Centre, the Netherlands "This thought-provoking book is in tune with students' questions about health psychology and places the student at the centre of knowledge dissemination." Dr Catherine Sylves, Team Leader in Health Psychology, City University, London "Jane Ogden manages to write in an uncomplicated manner but without doing injustice to the complexities of the theories and research being described. She provides good historical and societal contexts for the different strands of research, so students can appreciate the relevance of Health Psychology in and for the real world." Roger Ingham, Professor of Health and Community Psychology, University of Southampton "Jane Ogden's Health Psychology is an impressive introduction to the field. The book is suitable for students of all backgrounds wishing to gain a comprehensive introduction to the exciting field of health psychology. The chapters are clearly organized and integrate the latest international research findings into an easy to read and well illustrated textbook." Keith J Petrie, Professor of Health Psychology, Department of Psychological Medicine, University of Auckland Thoroughly revised to reflect recent research, theory and practice in health psychology, this market bestseller includes new coverage of topical issues such as behaviour change strategies, health inequalities, exercise dependence, caffeine use and men's health. Now organized into five sections, the book follows a health-illness continuum model, covering theory and research relating to the context of health, health beliefs and behaviours, becoming ill and being ill with the final section describing how students can learn to think more critically about all aspects of health psychology. The new edition also includes five new chapters: Health inequalities - depicts health variation by gender, social class and geography and describes possible explanations for this Health promotion - describes a wide range of theories and strategies used to change behaviour including CBT, motivational interviewing, relapse prevention, fear appeals and the use of technology Health access - examines patient contact with health professionals, with a focus on help seeking behaviour (and delay), screening, communication and adherence Men's health - explores gender differences in life expectancy and causes of mortality, men's health related behaviours, their health beliefs, social norms of masculinity and emotional expression Being critical - offers a detailed analysis of how to be more critical, with a focus on thinking about theory, constructs, methodology and measurement Many brand new examples are introduced, covering: post traumatic stress symptoms, exercise and Chronic Fatigue Syndrome, post traumatic growth and benefit finding, measurement issues for adherence, eating, exercise, social support and coping, visualization and illness cognitions and the response shift. Health Psychology 5th edition is essential reading for all students and researchers of health psychology. It will also be invaluable to students of medicine, nursing and allied health. An Online Learning Centre website www.openup.co.uk/ogden accompanies this edition with useful materials for students of health psychology and their lecturers, including PowerPoint presentations, artwork and a new Testbank.

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